



Mass Parts 42/52: *Priest Preparation Prayers*

After the Lamb of God, the priest has two options for prayers for immediate preparation to receive Communion. When the congregation finishes singing the Lamb of God, but before the Host and Chalice are raised for the “Behold the Lamb of God...”, you may see me moving my lips in prayer. The rubric does say for the priest to “say quietly” one of the following two prayers. These are personal preparation prayers for the priest before receiving Communion himself. They can also be used by any of the faithful in their personal preparation.

*Lord Jesus Christ, Son of the living God,
who, by the will of the Father
and the work of the Holy Spirit,
through your Death gave life to the world,
free me by this, your most holy Body and Blood,
from all my sins and from every evil;
keep me always faithful to your commandments,
and never let me be parted from you.*

or

*May the receiving of your Body and Blood,
Lord Jesus Christ,
not bring me to judgment and condemnation,
but through your loving mercy
be for me protection in mind and body
and a healing remedy.*

At the actual moment of placing the Host in my mouth, I pray:

May the Body of Christ keep me safe for eternal life.

So too before I sip from the Chalice:

May the Blood of Christ keep me safe for eternal life.

-Fr. Kopp

Next Week: Lord, I Am Not Worthy